Surgeon \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date / Time of Surgery \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Report time to ACC \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**DAY OF SURGERY INSTRUCTIONS**

* **DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT** the night before surgery. This includes water, coffee, soda, juice or any other liquid. Eating or drinking before surgery could lead to serious complications and your procedure will be cancelled.
* **SPEAK WITH YOUR SURGEON IF YOU HAVE MEDICATION ALLERGIES OR TAKE BLOOD THINNERS** (Aspirin, NSAIDS, Plavix, Lovenox, Coumadin) Your surgeon will give you appropriate instructions.
* **BE PREPARED ON YOUR DAY OF SURGERY:**
  + Wear casual clothing (make allowances for surgical dressings)
  + Do not wear makeup
  + Do not wear nail polish
  + Do not wear fragrances
  + Do not wear contact lenses
  + Do not wear jewelry
  + Remove all body piercings before you come to the surgery center
  + Leave anything of value with your escort or at home
* **A COMPETENT ADULT MUST BE AVAILABLE TO DRIVE YOU TO AND FROM THE AMBULATORY CARE CENTER.** Your safety is our primary concern. For this reason, if you come to the Ambulatory Care Center without an escort to provide your transportation, your case will be cancelled. ***You may not travel, unaccompanied, in a taxi or car service after your procedure.***
* **FOR PEDIATRIC PATIENTS: ONE PARENT MUST REMAIN IN THE SURGERY CENTER AT ALL TIMES.**
* **A COMPETENT ADULT MUST REMAIN WITH YOU FOR 24 HOURS AFTER SURGERY.**
* **IF YOU TAKE ANY MEDICATIONS, FOLLOW THE INSTRUCTIONS ON THE FOLLOWING PAGE.**
* **IF YOU HAVE ANY QUESTIONS REGARDING THESE INSTRUCTIONS OR YOUR PROCEDURE, PLEASE CALL YOUR SURGEON’S OFFICE.**

**√ YES, TAKE THESE MEDICATIONS WITH A SMALL SIP OF WATER ON YOUR DAY OF SURGERY:**

* Heart medications
* Blood pressure medications
* Thyroid medications
* Anti-seizure medications
* Anxiety medications

**X NO, DO NOT TAKE THESE MEDICATIONS ON YOUR DAY OF SURGERY:**

* **Medications for Diabetes**
  + Insulin – Humulin, Novolin, NPH Insulin
  + Glucophage
  + Amaryl
  + Glucotrol
  + Metformin
* **Medications for High Cholesterol**
* **Water Pills**
  + Lasix (Furosemide)
  + Dyazide
  + HCTZ / Triamterene
  + Aldactone
  + Diuril
  + Zarozolyn

**BILLING INFORMATION**

* If your insurance requires a referral for office visits, a referral must be obtained for the Ambulatory Care Center.
* Physicians and anesthesia fees may be billed separately by their respective offices. The Ambulatory Care Center bills the facility fee.